

Save the mountain, Safe for you

ERASMUS + TRAINING COURSE



Training Course in Asturias, Spain. 18th to 24th September 2026

MAIN TOPICS

- * Basic **orientation skills** in nature
- * Practical **actions in case of mountain emergencies**
- * Use of **first aid supplies** in the wild
- * **Bushcraft** (making fires, building shelters, making fire horns, etc.)
- * Good practices for **taking care of nature**

MAIN ACTIVITIES

- * **RESIDENTIAL TRAINING COURSE** in Asturias, Spain, where participants will discover replicable tools and good practices to promote responsible and safe activities in nature.
- * **ONLINE COMPLEMENTARY SESSIONS** where to expand and consolidate the practical knowledge learned during practical mobility.
- * Creation of a **POCKET GUIDE**, as a collection of good practices and basic knowledge that increase people's safety and promote a positive impact on nature when carrying out activities in the natural environment.
- * Participants are expected to implement a **FOLLOW-UP ACTIVITY** in their communities (e.g., a workshop) to apply and disseminate the techniques learned in their own contexts.

FULLY FUNDED

Costs are funded by the Erasmus + Programme.
Travel, accommodation, food, training course and certificated are included.

WHERE

- * **RESIDENTIAL TRAINING COURSE**, in Asturias, Spain. In a youth hostel in the forest (<https://www.albergue-asturias.es/>). We will share 4-bed rooms.
- * **ONLINE COMPLEMENTARY SESSIONS**, on Zoom and other online platforms.

WHO CAN APPLY

Enthusiastic people who want to deepen their knowledge of the topics of the project and gain new skills on how to use these tools in youth work.

20 youth workers, plus trainers, from **Spain, France, Greece, Serbia, Sweden, Italy, Turkey and Egypt**.

Participants with **fewer opportunities** will have priority.

TRAVEL ARRANGEMENTS

Participants are expected **to pay for their tickets in advance** and receive a reimbursement after the activity. Travel costs are funded up to a maximum that is different depending on the country of origin.

All the transportation arrangements should be done **before 30th of July**.

For Spanish, Italian and French participants green travel is recommended.

HOW TO APPLY

Fill the form: <https://forms.gle/dWbeaj3RXJsY8cxJ6>

Or contact floresta.entrebosques@gmail.com

Please, apply **BEFORE 1st of July**



**Funded by
the European Union**

